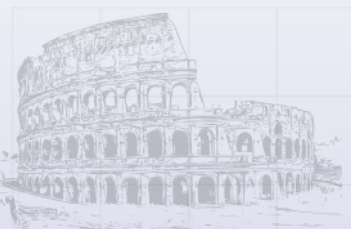


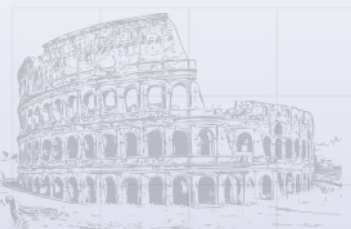


Alvars and Nayanars

- Alvars and Nayanars were **6th century poet-saints** of Tamil Nadu.
- They travelled from place to place singing hymns in **Tamil**.
- Bhaktas came from diverse social backgrounds.
- **Nalayira Divya Prabandham** is described as the **Tamil Veda**.
- **Andal** was the woman saint among Alvars.
- **Karaikkal Ammaiyar** was the woman saint among Nayanars.
- **Nayanars** were devotees of Shiva.
- There were **63 Nayanars**.
- Important Nayanars were Appar, Sambandar, Sundarar and Manikkavasagar.
- Nambiyandar Nambi compiled Nayanar hymns and named them **Tevaram**.
- Nayanar songs are compiled in **Tevaram** and **Tiruvackam**.
- **Alvars** were devotees of Vishnu.
- There were **12 Alvars**.
- Important Alvars were Periyalvar, Andal, Tondaradippodi Alvar and Namalvar.
- Alvar songs were compiled in **Divya Prabandham**.
- Kabir belonged to the **14th–15th centuries**.

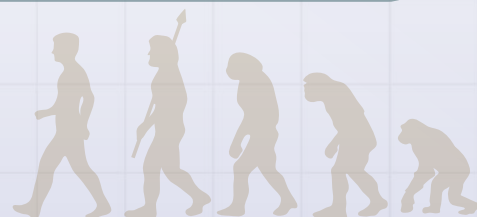


- Kabir's Guru was **Ramananda**.
- Kabir's compositions are preserved in **Bijak, Kabir Granthawali** and **Adi Granth Sahib**.
- Kabir used **Nirguna Sant Bhasha** and **Ulatbansi**.
- Kabir attacked polytheism and idol worship in some poems.
- Guru Nanak lived from **1469 to 1539**.
- Guru Nanak was born at **Nankana Sahib** near the Ravi.
- Guru Nanak advocated **Nirguna Bhakti**.
- For Guru Nanak, **Rab** had no gender or form.
- Guru Nanak composed **Shabad** in Punjabi.
- Guru Nanak's attendant was **Mardana**.
- Guru Nanak's successor was **Guru Angad**.
- Guru Arjun Dev compiled hymns into **Adi Granth Sahib**.
- Guru Gobind Singh included Guru Tegh Bahadur's compositions into **Guru Granth Sahib**.
- Guru Gobind Singh laid the foundation of the **Khalsa Panth**.
- The 5 Ks listed in the PDF are Kesh, Katar, Kachchh, Kangha and Kada.
- Mirabai was a Rajput princess from **Merta in Marwar**.
- Mirabai was married to a Sisodia prince of **Mewar**.
- Mirabai was a devotee of **Krishna**.





- Mirabai's Guru was **Raidas**.
- Shankaradeva was a late 15th century **Vaishnav saint**.
- Shankaradeva's teachings were based on **Bhagavata Purana**.
- Shankaradeva emphasized **Naam Kirtan**.
- Shankaradeva encouraged **Satra** or monasteries.
- Shankaradeva's compositions are called **Kirtan-Ghosha**.
- Shankaracharya belonged to the **8th century**.
- Shankaracharya was born at **Kaladi** in Kerala.
- Shankaracharya's philosophy was **Advaita**.
- According to Shankaracharya, the world is **Maya**.
- Ramanuja belonged to the **11th century** and was influenced by Alvars.
- Ramanuja propounded **Vishishtadvaita**.
- Lingayat or Virashaiva movement began in Karnataka in the **12th century**.
- Lingayat movement was started by **Basavana**.
- Lingayats opposed caste ideas, rituals and idol worship.
- Lingayats buried their dead instead of cremating them.
- **Vachanas** are Kannada compositions of the Virashaiva tradition.
- Maharashtra saints prayed to **Vithala** at Pandharpur.
- Nathpanthis, Siddhas and Yogis practised yoga, breathing exercises and meditation.



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